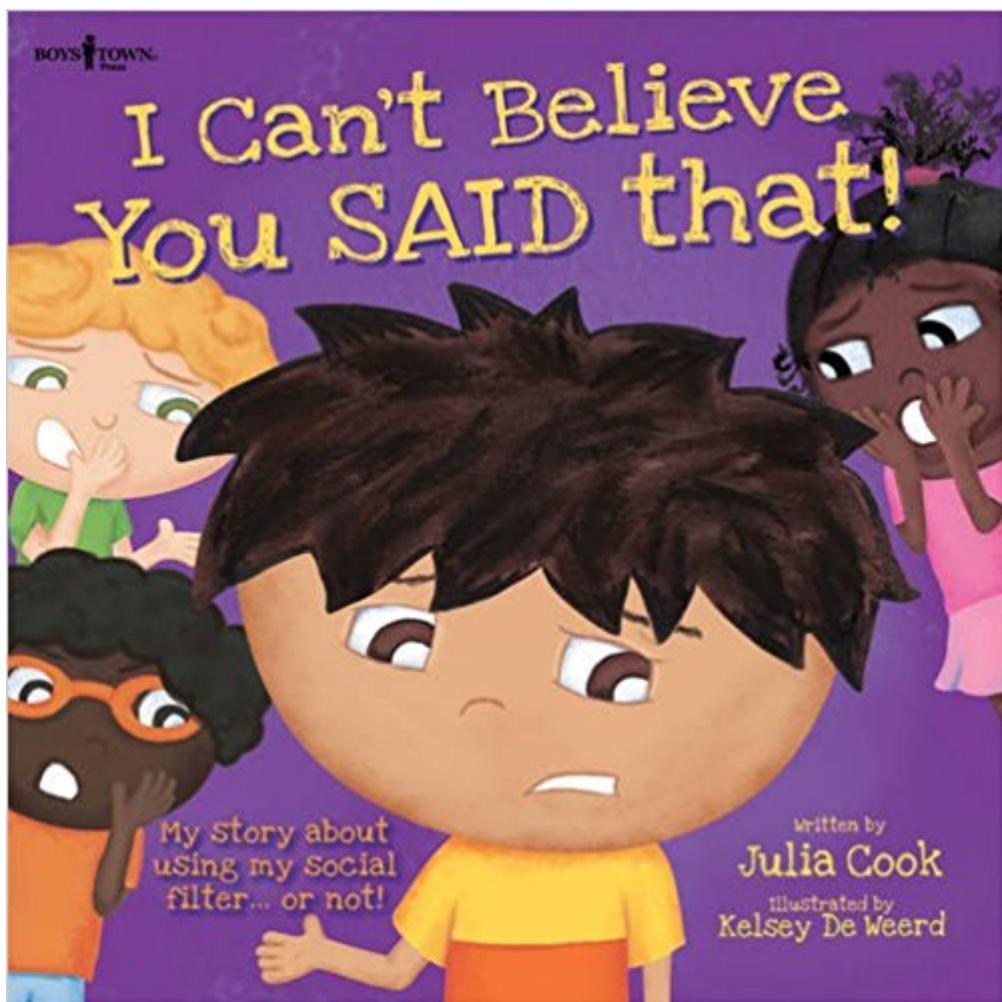


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# I Can't Believe You Said That!: My Story About Using My Social Filter...or Not! (Best Me I Can Be!)



## **Synopsis**

RJ says what he thinks; no matter how it sounds or makes others feel. His mouth is getting him into a lot of trouble. A rude comment at school earned him a detention. An insensitive remark at home earned him a scolding and made his sister cry. RJ doesn't realize his words are wrong. He thinks he's just offering feedback. It's time RJ starts using a social filter when he speaks. With help from his parents, he learns he doesn't have to verbalize every thought that pops into his head. In fact, sometimes the less said the better!. The newest addition to the Best Me I Can Be! series offers help for children who say inappropriate things. This book is part of the BEST ME I Can Be series of books to help teach social skills to children.

## **Book Information**

Series: Best Me I Can Be!

Paperback: 32 pages

Publisher: Boys Town Press (September 1, 2014)

Language: English

ISBN-10: 1934490679

ISBN-13: 978-1934490679

Product Dimensions: 8.8 x 0.3 x 8.8 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ  See all reviewsÂ  (53 customer reviews)

Best Sellers Rank: #5,269 in Books (See Top 100 in Books) #40 inÂ  Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Social Skills #42 inÂ  Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners #111 inÂ  Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

Age Range: 4 - 8 years

Grade Level: Preschool - 3

## **Customer Reviews**

Let's be honest; we all know that person that says whatever pops into their head without any kind of filter or apology for the aftermath. If we are even more honest; we have all been that person at one time or another! So how do we teach kids how to have a filter? We want to teach them to be authentic and honest but we also want them to be sensitive and kind. I Can't Believe you Said That is a great tool for opening the door to this conversation and teaching your kids (and adults) what

their social filter should be. RJ is a little boy who says exactly what he thinks. He offends people with his honesty and over sharing. He thinks he is just being helpful and conversational and has to be taught that he is actually being rude. I love the way that his parents explain it to him and am now using this with my own kids. "RJ, you have two bubbles full of words in your head: There's your THINKING bubble, and your TALKING bubble. These bubbles are connected by your social filter...." They then go more into detail but I really love this breakdown of the thought/speaking process. It's simple enough for even little ones to understand and talks to them on their terms. Julia Cook has a real gift for getting into kids heads and knowing how to reach them in a way they will respond to. She uses a bit of humor and sarcasm which is totally what my kids respond to. In the beginning when RJ was saying rude things, they were laughing because they thought they were funny. She had their attention! Then when it came time to get more serious, they were hanging on my every word. I was able to discuss this with my kids and now instead of just telling them to be nice or not to be rude, I will say to use their social filter and they will know what I'm talking about!

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